

Combating Loneliness – Summary Of Recommendations

Recommendation	Accepted by Executive (Y/N)	How will the recommendation be achieved? (Key actions)	Responsible Officer	Target Date for Completion
<p><b>Foundation Services</b> Services to reach and understand the specific needs of those experiencing loneliness:</p> <p>1. Incorporating segmentation data from MOSAIC, build on existing data sources to develop a comprehensive local index of isolation and loneliness that will enable neighbourhoods which have a higher likelihood of having individuals that are socially isolated or lonely to be identified.</p>	<p>Y</p>	<ul style="list-style-type: none"> <li>Public Health to review all available data work with community organisations and local services to identify neighbourhoods and at risk populations.</li> </ul> <p>A social isolation index has been developed. This is primarily based on evidence from PHE and other sources and constrained by what data was available at the appropriate geographical level (LSOA). Further work to engage local community organisations is required.</p>	<p>Amy McCullough Dan King</p>	<p>September 2017</p>
<p>2. To increase the effectiveness of interventions share the index of isolation and loneliness with relevant organisations across Southampton, including the voluntary and community sector and the Council’s Digital Transformation Team. This should enable services and prevention activity to be targeted to groups and neighbourhoods that are particularly vulnerable to loneliness.</p>	<p>Y</p>	<ul style="list-style-type: none"> <li>To establish Local Solutions Groups in all Better Care Cluster areas.</li> <li>Public Health to support Local Solutions groups to interpret available data to identify opportunities to reach out to people who may be lonely.</li> </ul> <p>The Intelligence and Strategic Analysis team will make the social isolation briefing, index and associated maps available on the JSNA website for people to access.</p>	<p>Adrian Littlemore  Amy McCullough Dan King</p>	<p>September 2017  September 2017</p>

		<ul style="list-style-type: none"> <li>For Local Solutions Groups to be supported to map available resources which might assist someone who is experiencing loneliness.</li> </ul>	<b>Adrian Littlemore</b>	March 2018
3. Consideration should be given to the timely support and information that can be provided to residents experiencing these transitions and events to prevent and respond to loneliness	<b>Y</b>	<ul style="list-style-type: none"> <li>For the Council to work with partner agencies to review how individuals going through life changing events are supported to avoid and prevent loneliness. Review to include what information and services are available and how people are signposted to support.</li> </ul> <p>Groups to be covered include:</p> <ul style="list-style-type: none"> <li>New parents</li> <li>Recently bereaved</li> <li>Children and young people changing or leaving education <ul style="list-style-type: none"> <li>Pupils going through INYFA process</li> <li>Pupils who are permanently excluded</li> <li>Children who have previously been LAC but have returned home</li> <li>Pupils with SEND transitioning from Primary to secondary, post 16, post 19.</li> </ul> </li> </ul> <p>Additional Childrens Action</p> <p>Ensure combating loneliness is an outcome for all PEX pupils who start a new school by requesting peer mentoring/buddy system for</p>	<p>Tim Davies</p> <p>Chrissie Dawson</p> <p>Tim Davies/Jo Cassey</p> <p>Tim Davies/Jo Cassey</p>	<p>April 2018</p> <p>April 2018</p> <p>July 2018</p>

		<p>at least 6 weeks.</p> <p>The annual review process is being reviewed to develop it into a better PCP process from Year 9 onwards which will look to address loneliness within it.</p> <p>Signposting to be added to the Local Offer</p> <ul style="list-style-type: none"> <li>○ Recently separated/divorced or other relationship breakdown</li> <li>○ Individuals from ethnic minority group</li> <li>○ Individuals who are retiring from employment</li> </ul>	<p>Tim Davies/Jo Cassey</p> <p>Tim Davies/Jo Cassey Amy McCullough</p> <p>Amy McCullough</p> <p>Amy McCullough/ Catherine Rankin</p>	<p>Dec 2017</p> <p>April 2018</p> <p>July 2018</p>
<p><b>Understanding and supporting lonely individuals to make meaningful connections:</b></p> <p>4. A co-ordinated approach needs to be developed that results in either improvements to the existing Southampton Information Directory (SID) so that it is fit for purpose or the purchasing of an additional platform to meet the needs of the city.</p>	<p>Y</p>	<ul style="list-style-type: none"> <li>● SCC review underway involving a range of community organisations. Options appraisal underdevelopment for consideration.</li> <li>● Development of SID or procurement of new system to be undertaken</li> </ul>	<p>Rosanna Copen/ Emma Lewis</p> <p>Rosanna Copen/ Emma Lewis</p>	<p>September 2017</p> <p>September 2018</p>
<p>5. Commission and roll out the Community Navigation Scheme across Southampton to support residents to find the most appropriate support (utilising and updating the S.I.D) and to</p>	<p>Y</p>	<ul style="list-style-type: none"> <li>● Procurement of Community Navigation is underway lead by the Integrated Commissioning Unit. Specifications to</li> </ul>	<p>Adrian Littlemore</p>	<p>New Service to commence</p>

<p>act as a link between lonely residents, local Community Solutions Groups and statutory services, including GP's.</p>		<p>cover generic provision with targeted support for people with dementia, adults with mental health problems, older people with housing related support needs and potentially adults with a learning disability</p>		<p>April 2018</p>
<p>6. Develop a plan to implement the GENIE tool across Southampton using trained volunteers and the improved S.I.D</p>	<p>Y</p>	<ul style="list-style-type: none"> <li>• Southampton City Council and Southampton City Clinical Commissioning Group to consider funding of Genie license from Southampton University.</li> <li>• Included within Community Navigators service specification role of training and supporting local organisations to utilize.</li> <li>• SID to establish a regular data exchange to share available community resources with the Genie tool.</li> <li>• Community Solutions Group to take over oversight of implementation of Genie in the City and undertake a review</li> </ul>	<p>Stephanie Ramsey</p> <p>Adrian Littlemore</p> <p>Emma Lewis/ Rosanna Copen</p> <p>Adrian Littlemore</p>	<p>September 2017</p> <p>June 2017</p> <p>March 2018</p> <p>April 2019</p>
<p>7. A Communications Plan is developed to improve awareness of loneliness, both among professionals and older people themselves, and to identify appropriate methods to communicate with lonely people</p>	<p>Y</p>	<ul style="list-style-type: none"> <li>• The Integration Board works with the Community Solutions Group to develop a communications strategy for the City, identifying cross agency opportunities and resources to support delivery.</li> </ul>	<p>Stephanie Ramsey</p>	<p>September 2017</p>

<p><b>Direct Interventions</b> A menu of services that directly improve the number or quality of relationships people have:</p> <p>8. Consideration be given to identifying opportunities to increase capacity for the much valued befriending and peer support schemes in Southampton.</p>	Y	<ul style="list-style-type: none"> <li>• Need to increase the numbers of people volunteering in the City to be included as part of the Community Development procurement underway.</li> <li>• As part of the Older Persons Offer the service model to include the development of peer support</li> </ul>	<p>Moraig Forrest Charde</p> <p>Donna Chapman</p>	<p>June 2018</p> <p>August 2017</p>
<p>9. The Council co-ordinates its' approach with partners across the city to support digital inclusion, reduce duplication and target support effectively, utilising the index of social isolation and loneliness, including digital support for communities whose first language is not English.</p>	Y	<ul style="list-style-type: none"> <li>• Southampton Connect to the lead the development of a digital strategy for the City to incorporate local authority, health, education and other statutory providers</li> </ul>	<p>Emma Lewis</p>	<p>April 2018 (To be Confirmed)</p>
<p>10. If the business planning by the University of Southampton identifies the transport approaches being developed by the Community Solutions Sub-group are achievable and sustainable, the Council and partners should consider the support that they can offer to help the proposals come to fruition.</p>	Y	<ul style="list-style-type: none"> <li>• Community Solutions Group to complete the gathering of evidence of need</li> <li>• Community Solutions Group to coproduce an options paper with local community organisations, supported by Southampton University, and regulation officers in the Council</li> <li>• For SCC to include local community organisations within the scope of a wider transport review for the City.</li> <li>• For an options paper to be considered by the Commissioning Partnership Board and Cabinet member for Transport</li> </ul>	<p>Adrian Littlemore</p> <p>Adrian Littlemore</p> <p>Mike Harris</p> <p>Mike Harris</p>	<p>October 2017</p> <p>December 2018</p> <p>September 2017</p> <p>March 2018</p>

<p><b>Structural Enablers</b> Create the right structures and conditions in a local environment to reduce those affected by, or at risk of, loneliness:</p> <p>11. Seek to engage BME communities and new communities in the local community solutions groups.</p>	<p>Y</p>	<ul style="list-style-type: none"> <li>• Community Solutions Group to map groups and links to BME communities.</li> <li>• To coproduce with those communities now best to improve their engagement</li> <li>• To produce an engagement plan to improve engagement of BME communities in emerging community development opportunities.</li> </ul>	<p>Adrian Littlemore</p> <p>Adrian Littlemore</p> <p>Adrian Littlemore</p>	<p>October 2017</p> <p>October 2017</p> <p>March 2018</p>
<p>12. Councillors can be key catalysts in bringing communities together. It is recommended that Southampton City Councillors lead by example, alongside local community solutions groups, by actively promoting neighbourliness and community action in their wards.</p>	<p>Y</p>	<ul style="list-style-type: none"> <li>• Councillors to be kept aware of the development of community solutions groups and invited to participate/contribute as appropriate</li> </ul>	<p>Adrian Littlemore</p>	<p>October 2017</p>
<p>13. To help solve the problems of affordable accommodation for young people and loneliness, particularly among house owning 'empty nesters' or bereaved, explore opportunities to encourage the creation of an organisation that pairs older people with students in Southampton, similar to the <a href="#">Homeshare</a> scheme operating in Paris.</p>	<p>Y</p>	<ul style="list-style-type: none"> <li>• Adult Social Care to include the proposal for consideration of future development of the Shared Lives Scheme operated by the Council</li> </ul>	<p>Paul Juan</p>	<p>March 2018</p>
<p>14. Consider creating 'City Makers', similar to the 'Games Makers' scheme developed for the London Olympics.</p>	<p>Y</p>	<ul style="list-style-type: none"> <li>• As part of the implementation of the Community Development Procurement, the new provider will consider through a process of coproduction with local organisations and people the idea of creating a "City Maker" scheme.</li> </ul>	<p>Moraig Forrest Charde</p>	<p>October 2018</p>

<b>Strategic Direction</b>				
15. Develop an overarching plan to combat loneliness in Southampton. It is recommended that the plan is owned by the Health and Wellbeing Board, delivered in partnership with the Community Solutions Groups, and linked to Better Care.	Y	<ul style="list-style-type: none"> <li>The Integration Board and Community Solutions Group to develop a Loneliness Plan for consideration and approval by the Health &amp; Wellbeing Board</li> <li>The plan to include potential key performance indicators to measure improvements within target groups.</li> </ul>	Stephanie Ramsey /Jason Horsley	December 2017
			Stephanie Ramsey /Jason Horsley	March 2018
16. It is recommended that the Council explores the steps required to become accredited and, if deemed achievable and desirable, commits Southampton to becoming Age Friendly.	Y	<ul style="list-style-type: none"> <li>The integration Board to review the benefits of potential sign up to becoming an Age Friendly City.</li> <li>Integration Board to make recommendation to the Health &amp; Wellbeing Board</li> </ul>	Stephanie Ramsey Stephanie Ramsey	October 2018 December 2017
17. The potential to deliver the step change in outcomes through the use of Social Impact Bonds is explored by the Council if progress combating loneliness in Southampton is not being made at the pace required.	Y	<ul style="list-style-type: none"> <li>As part of the Community Development implementation opportunities to utilise additional funding streams are actively pursued, with consideration by all stakeholders in the City of the use of Social Impact Bonds</li> </ul>	Carole Binns	March 2018